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How to develop analytical thinking?

Let's find out with the Red Teaming method.



Red Teaming is a **methodology that originated in military**, strategic, and cybersecurity environments. It's used to test the resilience of a plan, infrastructure, or strategy **by attacking it from within before an external opponent can**.

Let’s take a look at **how to apply this method** to your own projects.

01 Start with an idea, a strategy, or a solution you’d like to implement.

02 Build an opposing Red Team, either real or simulated, whose task is to challenge every assumption, attack weak points, and propose alternative scenarios.

03 Gather the critiques, objections, and new perspectives generated by the Red Team.

04 Use this tension to strengthen the original idea, modify it, or replace it with a more solid one.

On the back, we’ve prepared an evergreen Red Team 👉🏼

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Each member of your **team** can take on the role of one of these critical figures.

Or you can do it **yourself**, putting on each "mental hat" and asking: "If I were [character's name], what issues would I spot?

What would I want to improve?"

